

## What is Multicultural Café?

This exchange workshop will be an opportunity for Japanese and foreign nationals to converse and share.

# Multicultural CAFE



## 1st Season Extra

Let's make up a rice dish together!

Foreign and Japanese participants will make up a rice dish together using "Naito togarashi (red pepper)". Welcome all foreigners and those who want to meet many kinds of people. Have fun making up an original Shinjuku recipe using Naito togarashi.

[1] Nov. 30 (Sat.)

Let's discuss an original recipe using rice and Naito togarashi.



[2] Dec. 14 (Sat.)

Let's try the recipe together.



Naito togarashi is a sort of red pepper which was grown around Tokyo in the

Edo period (1600-1867).

Today very few people are growing it, so increasing the crops is being planned.

[3] Jan. 18 (Sat.)

Let's make the dish more enticing together.

[4] Feb. 8 (Sat.)

Let's try the improved recipe and enjoy the dish together.

★ Please read the guidelines for applicants on the back of the flyer and send the application form by e-mail, fax or post.

### Inquiries / To apply :

Cultural Exchange Division, the Shinjuku Foundation for  
Creation of Future inside Shinjuku Bunka Center, 6-14-1  
Shinjuku, Shinjuku-ku, 160-0022 「Multicultural CAFE」Section

Tel : 03-3350-1141 Fax : 03-3350-4839

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# Guidelines

## 1. Schedule

- [1] Nov. 30 (Sat.) Let's discuss an original recipe using rice and Naito togarashi.
- [2] Dec. 14 (Sat.) Let's try the recipe together.
- [3] Jan. 18 (Sat.) Let's make the dish more enticing together.
- [4] Feb. 8 (Sat.) Let's try the improved recipe and enjoy the dish together.

✂ This exchange workshop is supposed to be an opportunity for Japanese and foreign nationals to converse and share.

2. Date and Time : 4 sessions every Saturday starting November 30 (Sat)  
From 11:00 to 14:00 (all schedules subject to change).

3. Location : ①Shinjuku Bunka Center ②③④Yotsuya Chiiki Center

## 4. Requirements

- (1) Those who are interested in international exchange activities and making friends with foreign nationals. Those of junior high school age and younger may not join the workshop.
- (2) Those who will participate in the workshop actively.
- (3) Those who can cooperate with others.

## 5. To apply

Fill in the application form and send it to Shinjuku Bunka Center by e-mail, fax or post or bring it to Shinjuku Bunka Center by Oct. 31(Thursday), 2013.

## 6. Capacity

Approximately 10 Japanese and 15 non-Japanese  
There will be a drawing if the number of applicants exceeds capacity.  
We will inform you of the result around the beginning of June.

## 7. Fee

2,200 yen each participant (including ingredients)

Participants will be informed of how to pay the fee later.



# 【Your recipe using rice and your opinion】

Please write your recipe using rice, some recipe which will be useful for international exchange activities, your opinion about the activities, the reason you'd like to participate in this program and so on.

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※Please notice that we might refer to your opinion for screening applicants.

※通訳は必要ですか？

Do you need Interpreter?

- はい/Yes (言語/Language : )
- いいえ/No